



**BWRT<sup>®</sup>**

**Code of Ethics**

*This document is the latest (July 2022) edition Code of Ethics of the Institute*

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BWRT Ltd. Registered in England number: 9233079

## Code of Ethics

All practising members of The Register undertake to:

1. Maintain strict confidentiality within the therapeutic relationship consistent with the good care of the client and the laws of the land and ensure that any client notes and records be kept secure and confidential. Confidentiality must be observed at all times other than under the following circumstances:

- (a) it is demonstrably in the best interest of the client/patient to disclose relevant information to the client's medical consultant or physician;
- (b) the client/patient has given their written permission to disclose information to their medical consultant or physician;
- (c) the law requires disclosure, in which case therapy should be ceased immediately;
- (d) when sharing information with fellow professionals. In this case, client anonymity must be guaranteed;
- (e) in the event of a complaint being made against them, subject to the complainant providing written consent for their notes and records to be made available, members may be required to provide this information to The Register on demand.

Practitioners must note that the question of confidentiality also applies to client records, computerised records (which must conform to the GDPR, 2018) and any audio or video recording. Any information or case histories used for training or commercial purposes must have the written consent of the individual involved.

2. Never promise a cure for any condition or problem, nor give advice or otherwise pass comment on any medical, psychiatric, or psychological problem or condition unless they have training and qualifications in these fields.

3. To provide a service to clients only in those areas in which they have trained and demonstrated competence, and for which they carry full professional indemnity insurance that is acceptable to The Register.

4. Be aware of their own limitations and experience and whenever appropriate be prepared to refer a client on to another more suitable practitioner who might reasonably be expected to offer suitable treatment. Under these circumstances consult with the head office of the country if necessary.

5. Ensure as far as possible that wherever an aspect of the client's condition is either known or suspected to be beyond their area of expertise the client be advised to seek medical or other appropriate advice.

6. Always obtain written permission from the client (or client's parents/guardians if appropriate) before recording client sessions by *any* method other than written notes.

7. Take all reasonable steps to ensure the safety of both the client and any person who may be accompanying the client.

8. Refrain from using their position of trust to exploit the client emotionally, sexually, financially or in other way whatsoever. Should either a sexual or financial relationship (other than the payment of session fees or purchase of books, tapes, or other relevant products) develop between either therapist and client or members of their respective immediate families, the therapist must immediately cease to accept fees, terminate treatment consistent with clause 9 below and transfer the client to another suitable therapist at the earliest opportunity.

9. Refrain from commencing any sort of relationship with any client other than a therapeutic one. Clients must remain solely as clients for a period extending to five years beyond the cessation of therapy.

10. Terminate treatment at the earliest moment consistent with the good care of the client.

11. Not permit considerations of religion, nationality, gender, gender preference, disability, politics, or social standing to adversely influence client treatment. Where there is a potential for this situation to exist i.e. where a therapist is not at ease with some aspect of the client's 'way of being' then it is part of that therapist's duty of care to refer the client on to another suitable practitioner.
12. As far as possible not to refuse therapy because of financial hardship.
13. Ensure that their workplace and all facilities offered to both clients and their companions will be in every respect suitable and appropriate for the service provided.
14. Disclose full details of all relevant training experience and qualifications to clients upon request.
15. Make no claim that they hold specific qualifications unless such claim can be totally substantiated.
16. Use no claim or title connected with The Register other than that they are Members of The Register.
17. Explain fully to clients in advance of any treatment: fees, terms of payment, session length, and any charges levied for non-attendance or cancelled appointments.
18. Present all services and products in an unambiguous manner and ensure that the client retains complete control of the decision to purchase such services or products.
19. Neither expect nor encourage gifts from clients. Small tokens of appreciation may be accepted at the end of therapy but should in no way be solicited.
20. Conduct themselves *at all times* in accordance with their professional status.
21. (a) Inform The Register, upon initial registration, of any disciplinary action taken against them by any professional body and further inform The Register, immediately or as soon as possible in writing, of any subsequent action taken against them while still registered.  
(b) Confirm, upon initial registration, that they have not been convicted of any offence likely to bring their professional name or the reputation of BWRT into disrepute and undertake to inform The Register in writing should such an event subsequently occur while still registered.
22. Members will be able to update their own details on the Institute website and all changes will be automatically relayed to Headquarters and the public database.
23. Minors (under 16 years old) must always be observable by a parent or guardian throughout any session, including assessment sessions. This can be via video or through glass and does not necessitate the physical presence of said parent or guardian.
24. (a) UK members must ensure that all advertising shall comply with the British Code of Advertising Practice, accord with the Advertising Standards Authority and make available all such literature to The Register on demand. In the case of overseas Members, their advertising shall comply fully with the laws of their land.  
(b) Any advertised reference to 'BWRT® Practitioner' or 'Registered BWRT® Practitioner' is limited to registered members of the **Terence Watts BWRT Institute** and members shall not advertise or include reference to BWRT® services by:
  - (i) Members who do not have the level of qualification to provide advertised services;
  - (ii) Non-registered members regardless of BWRT® level of qualifications.
25. Make available all relevant information requested as a result of investigation by the appointed Complaints and Disciplinary Officer without hindrance (whether implied or actual) or unreasonable delay and comply fully with all requirements inherent within the Complaints and Disciplinary procedure.
26. To never publicly criticise or malign another member of the profession either with or without perceived justification whether or not they are a member of The Register.

27. To report to The Register any other Member who appears to be in breaking one or more of the ethical rules laid down in this document. Such complaint can be made with total confidentiality; the complainant's name will not be revealed other than to the members of the Administrative Board. Anonymous complaints will not be considered but all others will be fully investigated.

28. If a member publishes a testimonial from any client, it is **essential** to ensure that (a) proper registration of the member's practice with the data commission is up-to-date; (b) no statement in such testimonial makes any statement that is not allowed under the terms of the British Code of Advertising Practice; and (c) the original dated and signed testimonial must be held securely and must include proper contact details of the individual providing the testimonial.

29. Members will refrain from any behaviour in connection with their professional endeavours that would be likely to bring the Register into disrepute.

30. Members shall not use the title "Doctor" in a manner which may mislead any member of the public to believe that they are medically qualified if they are not so qualified. Any use of the title must be clearly defined by a qualifying statement i.e. the form of a doctorate.

31. Members shall restrict the entries in their section of the database to contact details, BWRT qualifications and notice of any specialisms. The database is not a general advertising space and exists to inform visitors solely of the BWRT services you are able to provide. General therapy advertising copy is strictly prohibited and will be removed. Subsequent breaches may result in termination of membership.